**SACC Guiding Prompts and Reflection Stems**

It is strongly recommended that student self-reflection of the Core Competencies be embedded in your planning and instruction throughout the year. In the spring, all students are required to complete a summative self-assessment of their growth in each of the Core Competencies (Thinking, Communication and Personal and Social Responsibility).

Students can select 1 to 3 examples of evidence that reflect their learning in each of the Core Competency areas. These reflections must be posted by the end of May each school year. Below are some suggested reflective prompts to guide this process.

**Communicating and Collaborating:**

* I was able to express my ideas by…
* I had difficulties expressing my ideas when… so I…
* I listened and responded to others by…
* I incorporated others ideas by…
* I collaborated with others in the creation of this evidence by…
* I acknowledged others perspectives by…
* I was aware of my audience when…
* I used to think…now I think…

**Thinking:**

* I came up with my ideas by…
* In order to be creative, I…
* I thought “outside of the box” when …
* I took risks in my thinking by…
* I followed my interests or passion by…
* I did or didn’t like this because…
* My goal for this project was…I achieved this goal by…
* I was able to give and receive constructive feedback when…
* I connected to my life by…
* I was open minded by…
* I know my work is good because…

**Personal and Social Responsibility:**

* This evidence (ex. project, graphic organiser, video, and piece of writing etc.) shows my strengths and accomplishments by…
* During the process of creating [evidence] I experienced difficulties when… Then I…
* This evidence demonstrates growth in ... because …
* I am proud of this [evidence] because…
* I felt (mad, upset, happy, excited…) when I…Then I managed my feelings by…
* I asked for help when…
* Next time, I will…