**Core Competencies Self-Assessment**

|  |  |  |  |
| --- | --- | --- | --- |
| Name |  | Date |  |
| Teacher |  | Grade |  |

**MY GOALS**

**“I can get better at…”**

**MY PLAN TO REACH MY GOALS**

**“To do this, I will…”**

**MY STRENGTHS**

**“I am good at…”**

**EXAMPLES AND EVIDENCE OF MY STRENGTHS**

**“I know this because…”**