<table>
<thead>
<tr>
<th>LANGUAGE ARTS</th>
<th>Exploring stories and other texts help us understand ourselves and make connections to others and to the world.</th>
<th>People understand text differently depending on their worldviews and perspectives.</th>
<th>Texts are socially, culturally and historically constructed.</th>
<th>Questioning what we hear, read, and view contributes to our ability to be educated and engaged citizens.</th>
</tr>
</thead>
<tbody>
<tr>
<td>MATH</td>
<td>Number represents, describes, and compares the quantities of ratios, rates and percents.</td>
<td>Computational fluency and flexibility with numbers extend to operations with fractions.</td>
<td>Discrete linear relations can be represented in many connected ways and used to identify and make generalizations.</td>
<td>The relationship between surface area and volume of 3D objects can be used to describe, measure, and compare spatial relationships.</td>
</tr>
<tr>
<td>SOCIAL STUDIES</td>
<td>Contacts and conflicts between peoples stimulated significant cultural, social, political change.</td>
<td>Human and environmental factors shape changes in population and living standards.</td>
<td>Exploration, expansion, and colonization had varying consequences for different groups.</td>
<td>Changing ideas about the world created tension between people wanting to adopt new ideas and those wanting to preserve established traditions.</td>
</tr>
<tr>
<td>SCIENCE</td>
<td>Life processes are performed at the cellular level.</td>
<td>The behavior of matter can be explained by the kinetic molecular theory and atomic theory.</td>
<td>Energy can be transferred as both a particle and a wave.</td>
<td>The theory of plate tectonics is the unifying theory that explains Earth’s geological processes.</td>
</tr>
<tr>
<td>ARTS ED</td>
<td>Creative growth requires patience, readiness to take risks, and willingness to try new approaches.</td>
<td>Individual and collective expression can be achieved through the arts.</td>
<td>Dance, drama, music and visual arts are each unique languages for creating and communicating.</td>
<td>Artists often challenge the status quo and open us to new perspectives and experiences.</td>
</tr>
<tr>
<td>PHYSICAL AND HEALTH ED</td>
<td>Daily participation in different types of physical activity influences our physical literacy and personal health and fitness goals.</td>
<td>Lifelong participation in physical activity has many benefits and is an essential part of a healthy lifestyle.</td>
<td>Healthy relationships can help us lead rewarding and fulfilling lives.</td>
<td>Healthy choices influence our physical, emotional and mental well-being.</td>
</tr>
<tr>
<td>ADST</td>
<td>Design can be responsive to identified needs.</td>
<td>Complex tasks require the acquisition of additional skills.</td>
<td>Complex tasks may require multiple tools and technologies.</td>
<td>Advocating for the health and well-being of others connects us to our community.</td>
</tr>
<tr>
<td>CAREER ED</td>
<td>Reflecting on our preferences and skills helps us identify the steps we need to take to achieve our career goals.</td>
<td>The value of work in our lives, communities, and society can be viewed from diverse populations.</td>
<td>Achieving our learning goals requires effort and perseverance.</td>
<td>Adapting to economic and labour market changes requires flexibility.</td>
</tr>
<tr>
<td>CORE FRENCH</td>
<td>Listening and viewing with intent helps deepen our understanding of French.</td>
<td>We can express ourselves and talk about the world around us in French.</td>
<td>Creative works allow us to experience culture in an authentic way.</td>
<td>Stories allow us to understand ideas in a meaningful way.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>With increased fluency in French, we can participate more actively in reciprocal interactions.</td>
<td></td>
<td>Acquiring a new language and learning about another culture deepen our understanding of our own language and culture.</td>
</tr>
</tbody>
</table>