

## Core Competencies Self-Assessment

Name \_\_\_\_\_ Date \_\_\_\_\_

Teacher \_\_\_\_\_ Grade \_\_\_\_\_

Thinking	Communication	Personal Social
<p>What I do well:</p> <p><b>I can take other people's ideas and convert them into my own.</b></p>	<p>What I do well:</p> <p><b>When comfortable, I can communicate, share information and plan activities with others.</b></p>	<p>What I do well:</p> <p><b>I know my strengths and where I can grow and develop. I make ethical decisions when I can.</b></p>
<p>What I need to work on:</p> <p><b>I need to work on taking a brain break because I lose my focus.</b></p>	<p>What I need to work on:</p> <p><b>Communicating clearly with writing because I like to write fast and am a bit messy.</b></p>	<p>What I need to work on:</p> <p><b>Supporting human rights. I like going off trail but need to realize this is a problem.</b></p>
<p>How I will make this happen...</p> <p><b>I will take a drink, or take a walk to think about my next steps.</b></p>	<p>How I will make this happen...</p> <p><b>Practice makes perfect – is what I am counting on.</b></p>	<p>How I will make this happen...</p> <p><b>I stay on the path to protect the plants that could have been stepped on.</b></p>